



Welcome To Our Newsletter



Can you believe that December is just around the corner - what a quick year it has been! We can't wait to take part in all the festivities that this time of year brings. It has certainly been all go here in our home, but relax, grab a cuppa, and read what we've been up to recently!

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

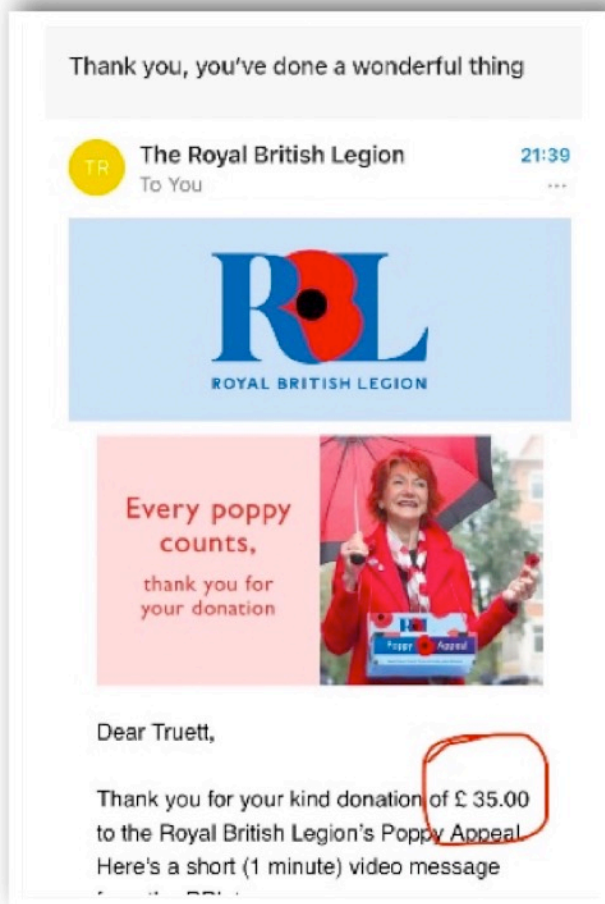
Mary Tolladay
Home Manager



Remembrance Sunday

Lives Laid Down

Residents paid their respects on Remembrance Sunday. Amy Truett, a member of Staff at Penrose Court, made crochet poppies to raise money for The Royal British Legion.



Penrose Clubs

Mouth Watering...

Baking Club

We have our Baking Club weekly and residents have been creative in making rocky road, cake pops and decorated biscuits.



Card Club

At Penrose Court, we have started a Card Club which is planned twice a week but some of our residents enjoy a game or two in the evenings also.



Angela's Story

Do miracles happen at Penrose?

This is a question that the team have recently been asked after one of our lovely residents named Angela, who has been living at Penrose Court since the summer, has thrived beyond everyone's wildest dreams.

We love to welcome residents and their families to our community at Penrose Court, but one thing we love more is when we see our residents thrive with us. That's why our team was delighted to recently hear from the husband of one of our resident's about how Penrose Court has completely transformed his wife's quality of life.

Ian and his wife Angela came to Penrose Court earlier this year after Angela had spent some time in the hospital following an infection. Angela thankfully recovered but not without losing the use of her legs and potentially her ability to walk again. Due to this, Angela was spending a lot of time in bed in a rehabilitation care home, when it was then decided that she should move into a residential care home.



Angela also suffers from Alzheimer's, sight impairment, and Rheumatoid Arthritis, and at the age of 85, Ian had been caring for his wife for the past 5 years. Whilst they coped at home, for the most part, it definitely came with its challenges.

Since moving to Penrose Court, Angela's condition has improved and over time she has begun to stand and walk again with the assistance of a walking frame. To Ian and his son and daughter, this improvement was unbelievable as they thought there was little hope of Angela ever being so mobile again.

Angela has gone from strength to strength and Ian credits the care team at Penrose Court:

"With thanks to the caring nature of the staff, we now have mobility (limited), can shuffle around, and can even get in and out of the car again. So many of the staff at Penrose have a thoughtfulness, consideration, and aptitude that you cannot teach - only encourage. This not only applies to the residents but those left on the "outside", as the change is a great wrench for them as well".

At Penrose Court Care Home, we take pride in delivering person-centred care to each and every resident. We have built an environment that not only supports our residents but encourages them to thrive and continue to do the things that they have always loved to do. We are also delighted to support our resident's families too, as we recognise the impact that such situations have on relatives as well.

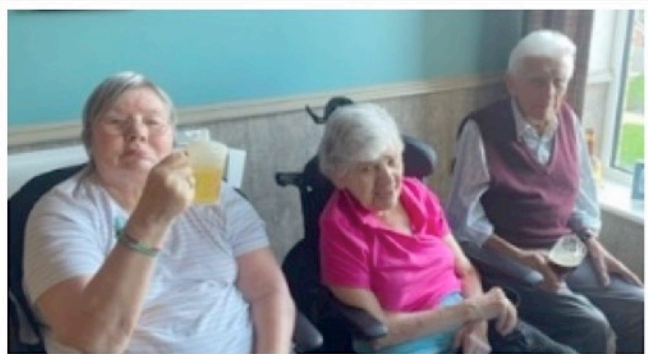
Our consistent and dedicated staff play a big part in the person-centred care we provide too, as they really take the time to get to know each of our residents for who they are; their needs, preferences, and interests. Our professional team has the clinical experience to provide unrivalled levels of nursing care and develop care plans that put residents first.

We are delighted to be able to support Angela and her family as well as all of our other residents in a warm and caring home that offers luxury en-suite bedrooms, private dining, and a range of other exceptional onsite facilities. If you would like more information about how the team at Penrose Court can support you and your family then we welcome you to get in touch.

Pub Trip

Open For Business!

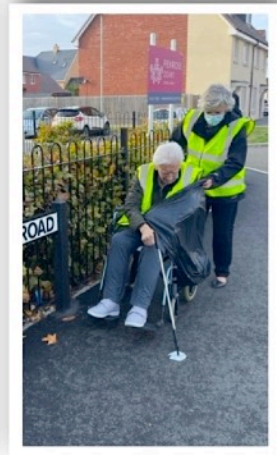
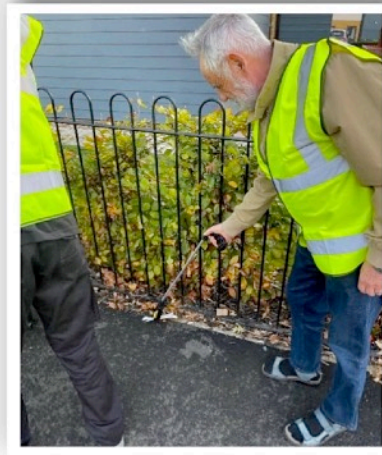
A cheeky mid-week trip to the pub? We don't mind if we do! Residents were singing along to some music and having fun.



Litter Picking

Teamwork!

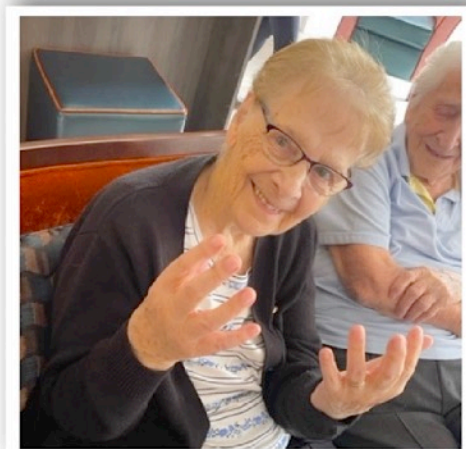
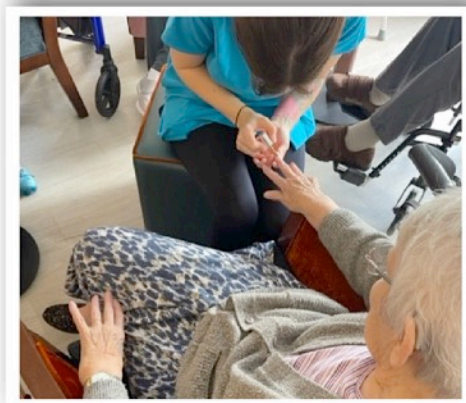
Our residents enjoyed helping the community and getting some fresh air whilst litter picking around the home.



Manicures

Looking Good!

One of our carers enjoyed providing the residents with a pampering session where they had their nails done.



Live Entertainment

Musical Afternoon

We were delighted with the entertainment provided by Richard and Mary. A variety of different songs were played and sung. It was thoroughly enjoyed by our residents and relatives.



Employee of the Month

Congratulations!

For October, our 'Employee of the Month' is Destiny Brown. Thank you for your hard work and well done!



Keep In Touch

Communication is key, so make sure to check out our [Penrose Court Facebook Page](#) and give us a Like! We love to share photographs of what we have been up to recently on this platform.

Leave A Review

We would greatly appreciate all feedback, reviews or suggestions you may have. Please contact us directly or leave a review through the link below:

[CareHome.co.uk Reviews](#)

[Google Reviews](#)

