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A WARM WELCOME TO OUR
AUTUMN 2024

Quarterly Newsletter

Manager's Introduction

As the crisp autumnal weather takes hold, we are greeted by chilly mornings and cooler temperatures. Thankfully this season brings not only a change in climate but also a wealth of exciting and festive events that are eagerly anticipated by us all.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Mary Tolladay
Home Manager

Remembrance Sunday

Meaningful Activities

This year, we marked Remembrance Sunday with a heartfelt tribute at Penrose Court. A beautiful wreath was laid in the small garden, a serene space that serves as a poignant reminder of those who bravely fought for our country.

Fundraising Projects

Make-A-Wish

Fundraising Event

In our ongoing commitment to making a difference, we are excited to announce that we are actively raising funds for the Make A Wish charity through various engaging events. Recently, we held an auction that turned out to be a remarkable success, raising £1,061 on the night alone. Coupled with other fundraising initiatives, our total has now reached an impressive £1,705, and we are determined to continue this positive momentum. We thank you for your support and generosity.

We also took part in some crafting sessions such as decorating pumpkins to sell for our Make A Wish Charity.

Virtual Cruise

Armchair Travels

In an innovative twist to our usual activities, we hosted a virtual cruise experience here at Penrose Court that was both fun and immersive. We set sail from Southampton on Monday and enjoyed a delightful journey across several countries, stopping in France on Tuesday, Spain on Wednesday, Italy on Thursday, and Portugal on Friday. Each day featured themed food and drink tastings representative of the regions we "visited." Residents received personalised passports that added to the excitement of the adventure.

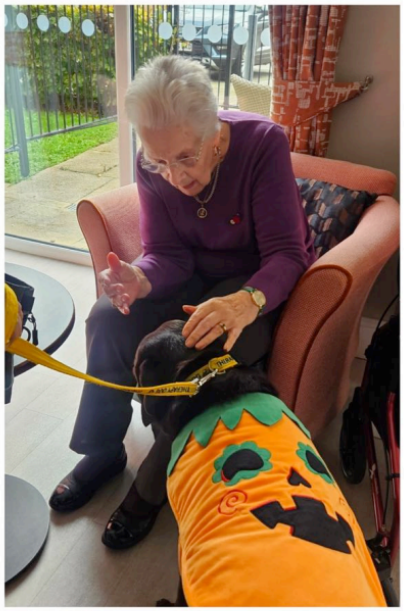
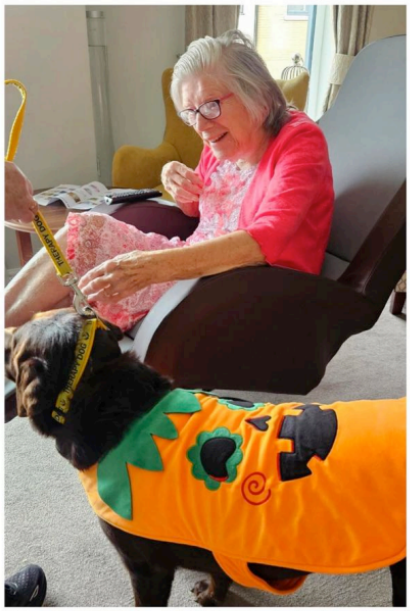
We returned “home” on Saturday for a family BBQ and DJ music, although the typically British weather necessitated an indoor venue. Nevertheless, the atmosphere was filled with laughter and joy, proving that good company can turn any situation into a memorable occasion.

Recent Activities

Tasty Treats

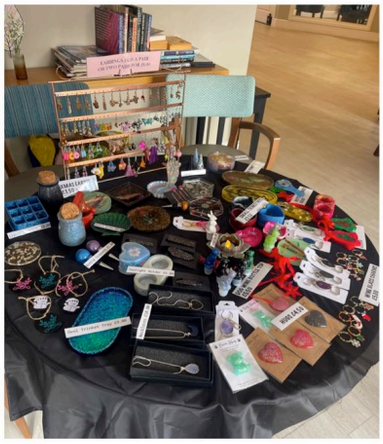
Over the last few months, our residents have been enjoying a variety of relaxing and enjoyable activities, focusing on both cooking and pampering sessions that have proven to be immensely popular. These sessions have not only encouraged creativity but also fostered social interaction among residents, creating culinary delights and moments of relaxation.

Additionally, we are fortunate to have Maximus, our beloved therapy dog, visit us regularly. His presence brings immense joy, as he makes his rounds about twice each month, forming remarkable bonds with residents. His gentle nature and playful demeanour often light up the room, enhancing the overall well-being of everyone involved.

Every Tuesday morning, our residents look forward to their Pilates sessions with Adele, a highlight of their weekly routine. This program has not only become a source of physical activity but also a joyful social gathering for everyone involved. The gentle movements and stretches help keep our limbs nimble, promoting both strength and flexibility.

We were also delighted to welcome Jill Benham, who visited us with a selection of her beautiful handmade items. Jill brought an array of exquisite jewellery, including necklaces, bracelets, earrings, and more, all crafted with love and attention to detail. Thank you very much Jill for bringing in your amazing work for our residents to buy.



Kind Donation

Thank You!

We would like to extend a heartfelt thank you to Co-op Biggleswade Depot and Co-op for their generous donation of 80 beautiful bouquets of flowers. This thoughtful gesture has truly brightened the days of our residents and brought smiles to their faces.

A special shout-out goes to the two dedicated colleagues who arranged and delivered these bouquets. Your kindness and effort are deeply appreciated.

Keep In Touch

Communication is key, so make sure to check out our **Penrose Court Facebook Page** and give us a Like! We love to share photographs of what we have been up to recently on this platform.

Leave A Review

We would greatly appreciate all feedback, reviews or suggestions you may have. Please contact us directly or leave a review through the link below:

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