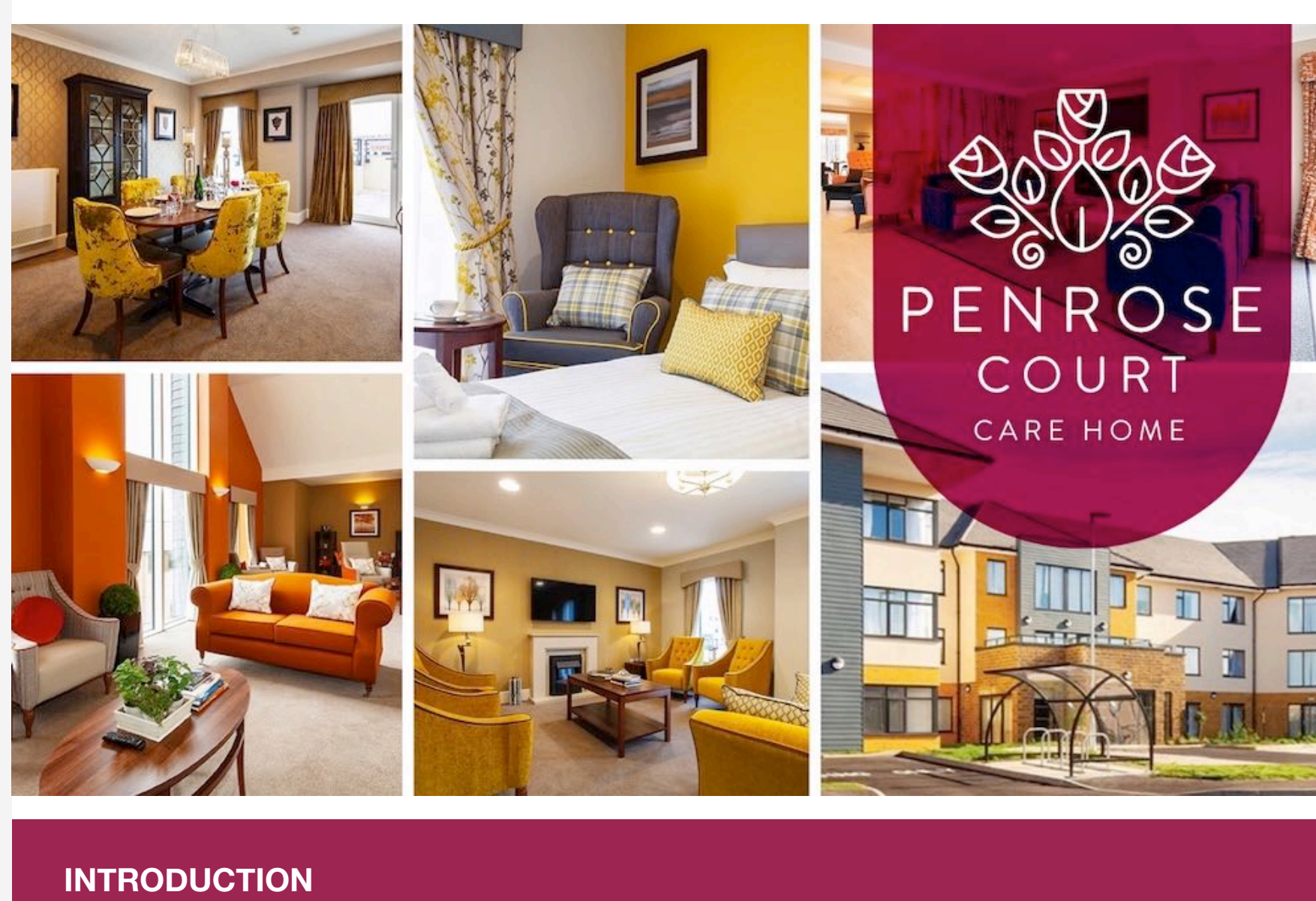




INTRODUCTION

Message From Our Team

We have had a lovely few months at Penrose Court, making the most of the warmer weather and enjoying plenty of opportunities to spend time together. From our Summer Beach Party and days in the garden to outings, games and afternoon tea with families, there has been something for everyone to enjoy.

It has been particularly nice to welcome families, friends and members of our local community into the home and to see residents enjoying time outdoors whenever the weather has allowed.

Thank you to everyone who has joined us, supported our events and helped make these occasions possible. We hope you enjoy looking back at some of our summer highlights.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

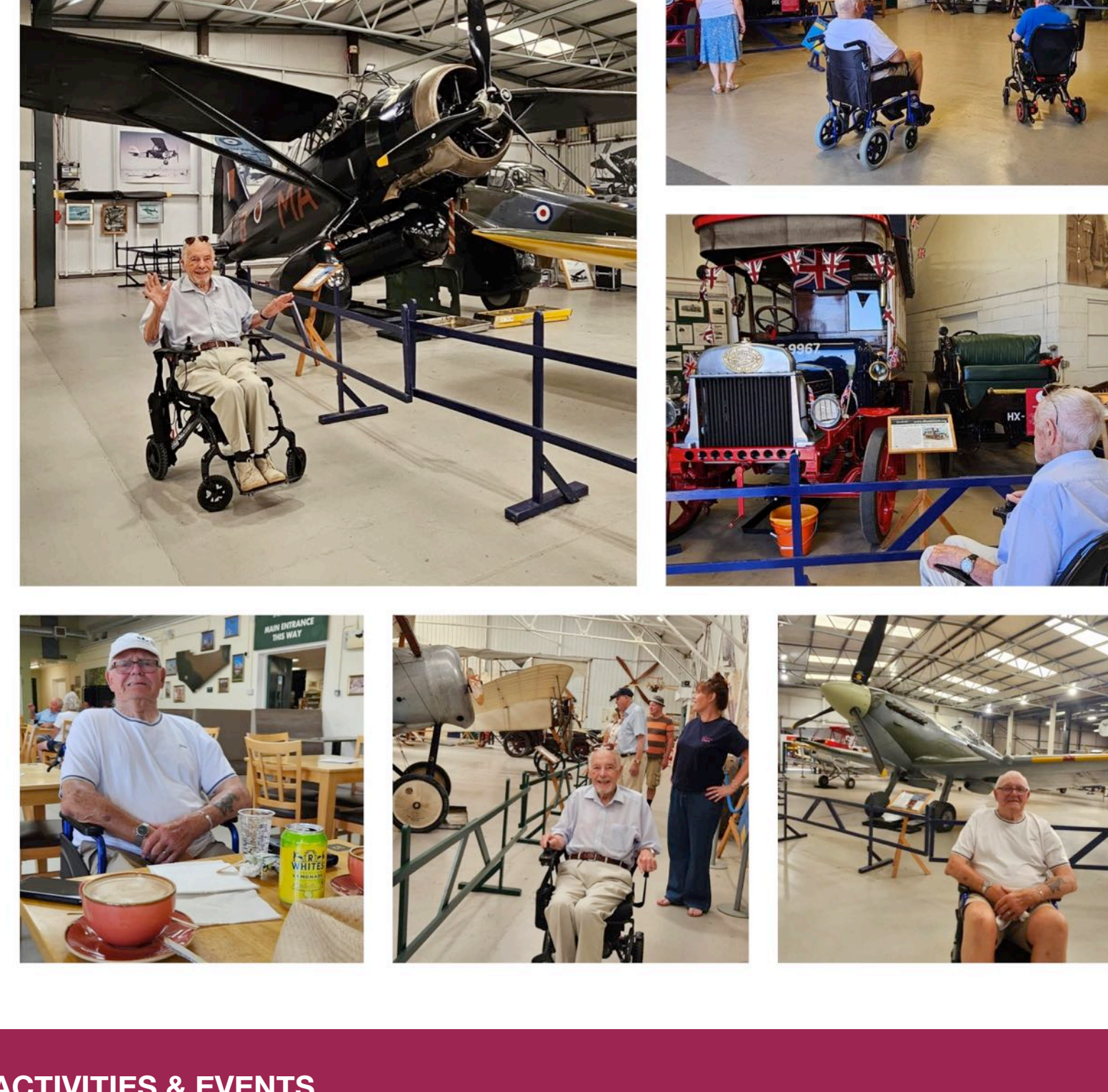
Penrose Court Care Home Team

OUT & ABOUT

Trip Back in Time at Shuttleworth

Our residents enjoyed a fascinating trip to Shuttleworth, giving everyone the opportunity to travel back in time and enjoy a change of scenery.

There was plenty to see during the visit, and we made time for a relaxing coffee and cake along the way. It was a lovely day out and a chance for residents to enjoy something a little different together. A big thank you to Terry for making the trip possible.



ACTIVITIES & EVENTS

Summer Beach Party

Residents, families, friends and members of our local community were invited to join us for our Summer Beach Party, and we had a lovely day together.

There was a proper seaside feel to the occasion, with fish and chips followed by ice cream for everyone to enjoy. We also had some traditional games, including hook the duck and a coconut shy, which brought out plenty of friendly competition.

Ian from So Disco kept us entertained with some great music, while Mark from Jo's Ices made sure everyone could enjoy an ice cream. We were also delighted to welcome some very special four-legged visitors, with Sally's family kindly bringing along the Shetland ponies.

A big thank you to Ian, Mark, Sally's family and everyone who came along and helped make our Beach Party such an enjoyable day.



Game of Pool at the Pub

Our in-house pub at Penrose Court continues to provide a great place for residents to relax, socialise and enjoy a little friendly competition.

Recently, residents enjoyed getting together for a game of pool. There was plenty of concentration as everyone lined up their shots, along with lots of conversation and encouragement between games.



Summer BBQ in the Garden

The warmer weather gave us the perfect opportunity to head outdoors and enjoy a summer BBQ in the garden.

Residents enjoyed spending time together in the fresh air while tucking into some tasty BBQ food. It was a relaxed summer occasion with plenty of chatting and a chance to make the most of our outdoor space.



Keeping Active Outdoors

We have also been taking some of our activities outside, with residents enjoying exercise sessions in the garden.

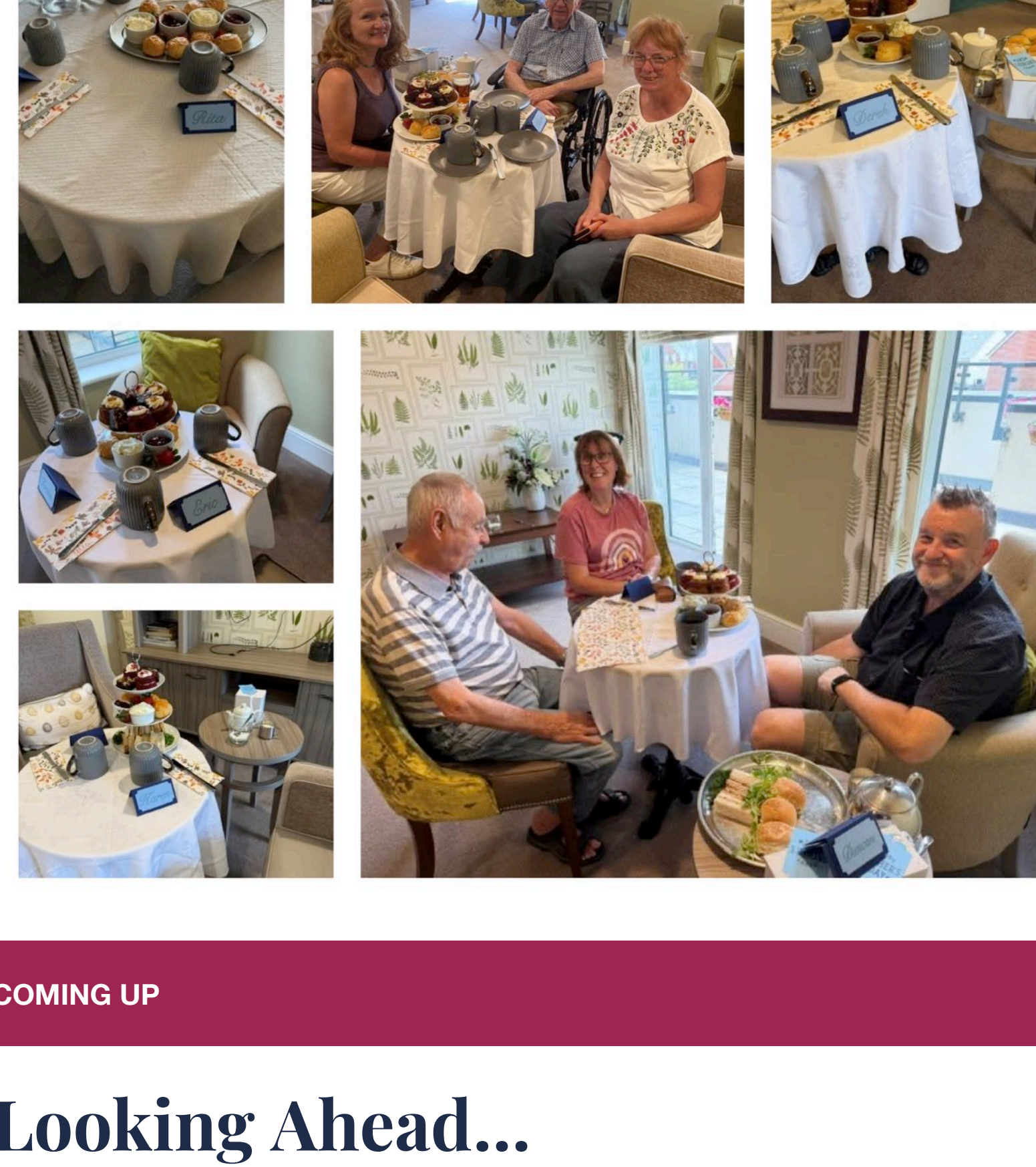
Exercising outdoors gave everyone a welcome change of surroundings while enjoying some fresh air and summer weather. It was a good opportunity to keep moving while spending time together in the garden.



Afternoon Tea with Families

Some of our families joined their loved ones at Penrose Court for a relaxing afternoon tea.

It was lovely to see everyone sitting together, enjoying refreshments and having time to catch up. These quieter occasions are just as important as our larger events, giving residents and their families the opportunity to enjoy quality time together.



COMING UP

Looking Ahead...

As summer continues, we look forward to making the most of our garden, enjoying more activities together and welcoming families and friends into Penrose Court.

Thank you, as always, to our residents, relatives, friends and team for their continued involvement and support. We look forward to sharing more Penrose Court news with you soon.

EXTERNAL LINKS

Social Media

Make sure to check out the Penrose Court Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

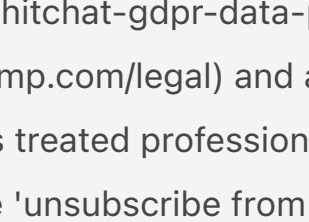
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We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)



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